

How much does it cost?

The cost is \$25.00/person for a four hour experience on the course. Group discounts and discounts for Metigoshe Ministries' constituent churches are available. Packages for unique group needs can be discussed. A detailed price schedule is listed in the printable brochure.

What else is available?

We are excited to customize a creative program to help your group meet its goals! Whether it is four hours or four days, we have much to offer—several lodging options from rustic retreat to sensational sneak away, home-cooked meals, meeting spaces for large- and intimate-sized groups, and an incredible setting for outdoor recreation including exploration options by canoe, by bike, or by foot.

What are the age requirements?

In order to climb the high ropes course, participants must be 13-years-old. Younger individuals may participate as part of the ground crew. There is no upper age limit—grandmas and grandpas are welcome!

What if I'm scared of heights?

Everyone's challenge is "challenge by choice!" You may choose to challenge yourself to serve as a reliable member of the ground crew, or you may choose to challenge yourself to climb to the very top of the course. No matter if your feet are firmly planted on the ground or 35 feet above ground, you will be important to your team!

Is it safe?

Participants' safety is our highest priority! Our course has been constructed by a professional high ropes course design and construction company. Our course is inspected by these professionals yearly. Safety equipment is inspected upon each and every use. Our facilitators have been through a rigorous and professional training. Before climbing, participants receive a thorough orientation. At all times, participants are safely harnessed.

How many people can you accommodate?

A minimum number is not established; the minimum charge, however, for a high ropes course experience is \$150. We have successfully welcomed groups as large as 80, and we will be happy to customize a program for even more.

How do I book the high ropes course?

Please call (263-4788) or email (Betsy@MetigosheMinistries.com) Betsy Debertin.