

Metigoshe Ministries is adventure anchored in Christ where people experience and celebrate the gifts of God in a life together.

Adventure Anchored in Christ

March 2009

## 1st Communion Retreat

7:00 pm Friday, March 13 – 1:00 pm Saturday, March 14

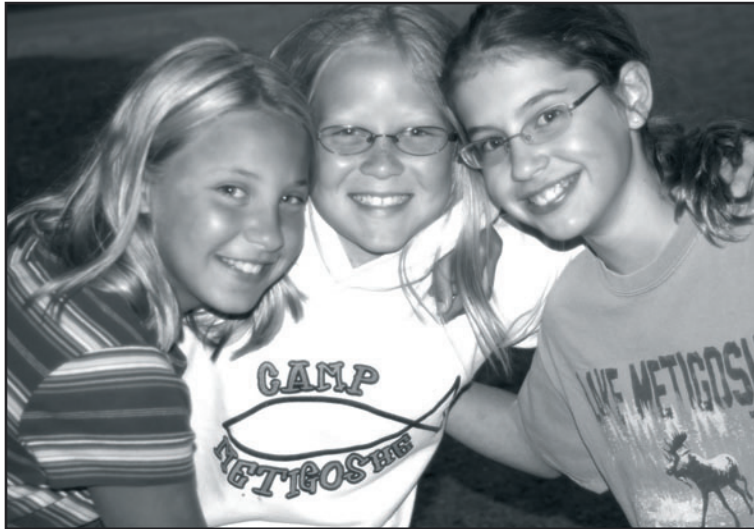
This retreat offers creative learning experiences that will allow all children to be engaged in learning about the gift of Communion. There will be time to play together, too, to strengthen the relationships between pastors, parents, and kids.

Pastors may choose to invite parents to participate in this most important of Christian-education experiences.

One adult advisor (pastor, parent, or adult volunteer) is necessary for every six youth.

Cost: \$15 per youth; no charge for parents or pastors

Congregations: Please call 263-4788 for registration information



## Hammering Out Faith With Dad Retreat

A retreat for dads & their kids ages 8–11

11:00 am Saturday, April 18 - 11:00 am Sunday, April 19

At the Hammering Out Faith With Dad retreat, dads and kids will explore the outdoors and their faith together. Each child will return home with a faith chest that s/he built with dad. Dads and kids will also receive a book of faith walk ideas. Dads and kids will have overnight adventures in one of our unique theme rooms, and there will be laughter over delicious meals.

This retreat is an important opportunity to grow in faith together with your kids—what better way could there be to spend a weekend?

Cost: \$90 for father/child pair, \$20 for each additional child (\$10 discount if registered on or before April 10)



## Senior High Sexuality Retreat

4:00 pm Saturday March 14 - 1:00 pm Sunday March 15

It's hard to deny that sex is everywhere. Young people are hearing messages about sex from the media, their friends, at school, and at home. But what does the church have to say? Where is God in all of this? Conversations about sex don't have to be intimidating or uncomfortable.

Come for a night of conversation, games, questions, snacks, and worship as we approach topics of gender, sexuality, stereotypes, relationships, and our faith.

This retreat is specially-designed for young adults in 9th through 12th grades.

Cost: \$20 per youth; includes meals, snacks, and bunk room lodging

## Spring Quilting Retreat

1:00 pm Friday, March 27 – 7:00 pm Saturday, March 28

Optional early arrival 7:00 pm Thursday, March 26

## Friday Night Live

4th - 6th Grades - April 17 & 18

Junior High - April 24 & 25

7:00 pm Friday to noon on Saturday

Friday Night Live is a camp slumber party with singing, playing, praying, Bible diving, laughing, eating, and sleeping (well, a little).

So, pack up one advisor for every six kids, a sleeping bag, PJ's, and a Bible, and be cured of camp withdrawal.

Cost: \$15 per youth; no charge for advisors

Congregations: Please call 263-4788 for registration information

## Camp Metigoshe Fargo Marathon Party

If you have ever worked at Camp Metigoshe, been a camper at Camp Metigoshe, or have heard of Camp Metigoshe, join us at the 1st annual Camp Metigoshe Fargo Marathon Party.

You can run, cheer, or both! The Fargo Marathon (and 1/2 marathon) are on Saturday, May 9 in Fargo.

For more information, join the "facebook" event entitled "Camp Metigoshe Fargo Marathon Party."

After the run, we will gather for snacks, "best dressed" awards, and more.

If you are running, make sure you go to [www.fargomarathon.com](http://www.fargomarathon.com) to sign up for the fun day.

Please go to [www.MetigosheMinistries.com](http://www.MetigosheMinistries.com) or call 701.263.4788 to register for a retreat.